# KRANNERT ADVISING MONTHLY

## Advising future alums for 60 years and counting

#### **DECEMBER 2021**

Sent every third Thursday of the month (August - May), Krannert Monthly is a newsletter produced by Krannert Undergraduate Advising to share helpful information with students. Keep reading to learn about upcoming events, important deadlines and new majors in Krannert!

#### IMPORTANT UPCOMING DATES AND REMINDERS

- December 2021 graduation is scheduled for December 18th at 2 pm. Information regarding the ceremony can be found <a href="https://example.com/her
- Interested in Summer courses? The Summer 2022 registration information is available to view <a href="here">here</a>.
- The first day of the Spring semester is January 10th! For the full Spring calendar, visit the Academic Calendar.
- The last day to withdrawal from a 16-week course during the Spring semester without a "W" is January 24th. Please consult with your advisor before dropping a course. The full add/drop calendar can be accessed <a href="https://example.com/herein/

## Catch Professor Dunford in Syracuse!



Professor Dunford is a Management professor in Krannert. He will be teaching and leading a trip to <u>Syracuse</u>, <u>Sicily</u> during Summer 2022. Keep reading to learn more about Professor Dunford and his advice for Krannert students!

#### What do you like best about working at Purdue/Krannert?

I like the opportunities Krannert provides me for interacting with outstanding students at all levels, opportunities for engagement with multinational corporations, and high impact research. I'm excited about Purdue's innovative approach to Higher Education and look forward to continued growth in the future.

#### What advice would you give to students?

Never listen to the many voices around you telling you that you aren't good enough. Don't get discouraged. As long as you are tenacious and eager to learn from mistakes, you will always be successful.

#### Can you tell us more about your study abroad program for this summer?

The study abroad program in Syracuse is going to follow the same format that I use for the leadership development work I do with top executives in corporations. The class, OBHR 330, is not intended to be a comprehensive review of the field of organizational behavior, but rather an introduction to the most important concepts and principals that will enable you to enhance your ability to interact with and lead people, which will be helpful in any career you choose. The class is highly experiential in format, and is designed to help you enhance your job marketability and career trajectory.

STUDENTS WITH QUESTIONS REGARDING STUDY ABROAD OPPORTUNITIES SHOULD CONTACT MAEKIN SMITH, GLOBAL PROGRAM SPECIALIST AT SMITH243@PURDUE.EDU AND MARIA GABRIELE, ASSOCIATE DIRECTOR OF STUDY ABROAD AT GABRIEL2@PURDUE.EDU.

### Advisor Tips for a Meaningful Winter Break

Winter break is right around the corner! We hope you are looking forward to a well-deserved break. As the semester draws to a close, it can be tempting to plan for an endless stream of Netflix-binging and late night TikTok scrolling as a way to "recharge" after a stressful semester. While a healthy dose of relaxation and catching up on your favorite shows is encouraged, a balanced approach to break can leave you feeling restored heading into 2022. Read below for some tips from Krannert advising on how to structure break in a meaningful way.

- Consider the different areas of wellness and make a plan to address any you may have been neglecting. We often think of wellness as only one or two areas of our lives, when in reality there are many dimensions of wellness to tend to in order to have a balanced life. Over the past semester, you may have focused only on your intellectual wellness, or perhaps your social and/or financial wellness. Spend some time at the start of break reflecting on which <u>areas</u> you neglected over the past semester, and ask yourself what activities will allow you to refocus on them.
- **Set realistic expectations and intentions for your time.** After long periods of stress, it can be tempting to approach break with the expectation that you will return to campus fully recharged at the start of Spring. While we hope you get a chance to recharge, avoid approaching break with an all or nothing mentality. Instead, focus on setting a few intentions for your break, or even for portions of your break. Here are a few examples:
  - I am going to try my best to be present when I spend time with my family/friends.
  - I am going to wait until (blank) date to think about plans for the Spring semester.
  - I am going to accomplish (blank) thing over the break, and give myself permission to rest with the remainder of my time.
- Make a to-do list at the beginning of the break and avoid adding to it. Break is a great time to tackle a few of those tasks that always seem to get put off during the semester. If you're planning on applying for internships or jobs soon, making edits to your resume, or updating your LinkedIn profile, are great examples of tasks that can help you get ahead. When planning your productive time for break, try making a "brain dump" list. Set a timer for 10 - 15 minutes, get a piece of paper (or use your phone notes) to write down all of the tasks you have been avoiding or wanting to do, but haven't had the time. Then, narrow down the list to items of highest priority you would like to accomplish. This is your to-do list - as you check items off, avoid the temptation to add more. Instead, give yourself permission to rest - go for a walk, meet up with an old friend from your hometown, or try a new recipe! Rest is an important part of the productivity cycle, after all.

#### MAJOR OF THE MONTH: ACCOUNTING

Accountants help businesses and organizations solve problems and succeed in a rapidly changing, globally competitive environment. Accountants prepare and interpret financial information that is used in a variety of settings. Companies use accounting information in strategic planning and performance evaluation. Investors, lenders and venture capitalists use accounting information when deciding whether and where to invest their funds. Government regulators, such as the Securities and Exchange Commission and even the FBI, use accounting information to detect fraud.

With Krannert's accounting degree, you can pursue a career in public, corporate, tax, non-profit or government accounting. Our graduates join a network of Purdue alumni who hold important positions in organizations around the world. If you are not majoring in Accounting, we offer an Accounting Minor to pair with your Krannert major. To learn more about the Purdue Accounting program watch the video here.

#### **Career Competency of the Month: Technology**

Technology is ever-evolving and puts the world at our fingertips. We encourage you to use LinkedIn to network and help promote your skills You can also follow <u>CareerBound</u> and <u>KPDC</u> @ <u>Krannert Professional Development Center</u>.

CareerBound tip: Once you embrace its unlimited potential, technology will boost your visibility with your network and employers who are hiring!

Follow CareerBound on Instagram (@iamcareerbound) or email us at careerbound@purdue.edu!



The Purdue Accounting Association is a club designed to help students develop a better understanding of the accounting profession and to prepare

them for the job search process. Check us out on Boilerlink or our

website. Follow @Purdue\_Accounting\_Association

on Instagram for Spring callout information!